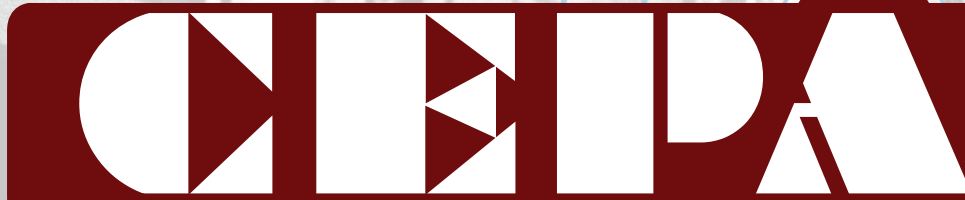


TRAINING CURRICULUM (2 HR)



"CEPA, a program by Workers Defense Project, teaches workers how to be safer on the job and improve working conditions in construction." —EMILIANO ZAVALA



A **SAFETY** AND **HEALTH** TRAINING IN **CONSTRUCTION**
WORKERS DEFENSE PROJECT / PROYECTO DEFENSA LABORAL

INTRODUCTION

Introducing the training

Read aloud:

- Today we're going to talk about some of the most common hazards faced by those who work in construction. Did you know that every 2.5 days a construction worker dies in the state of Texas?
- In the next 2 hours, we'll talk about the hazards of heat, of working at heights, and of electricity. We'll close with some strategies for protecting yourself and your co-workers.
- Before looking at the topics, why do you think that it's important to prevent work- related accidents in construction?

Answers:

- Accidents can be life-or-death incidences. Many workers have died during construction work for lack of knowledge and safety training.
- People who survive accidents can suffer from serious and permanent problems.
- All workers are affected when a serious injury or death occurs at work. Workers have families.
- It's the law: OSHA requires that employers establish procedures and train workers to avoid workplace hazards.

INTRODUCTION

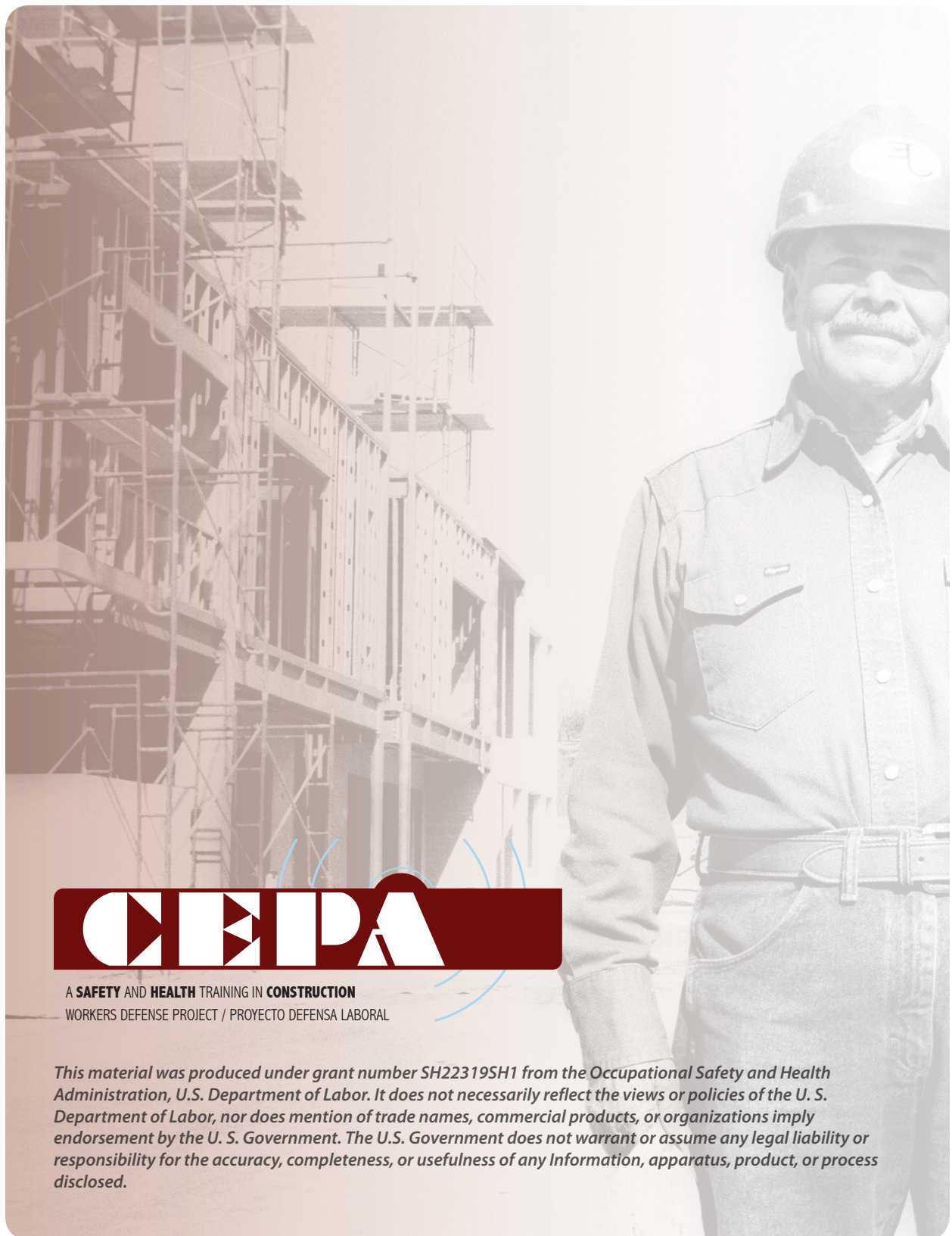
Review rules of respect

Ask the group to list some rules that everyone should recognize.

Example Answers:

- Respect all of the participants.
- Put your phones on vibrate or silent.
- Make brief and explicit comments.
- Pay attention and don't interrupt others.
- Raise your hand before speaking.





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